



Stories from the Grassroots

(Annual Report, 2017)



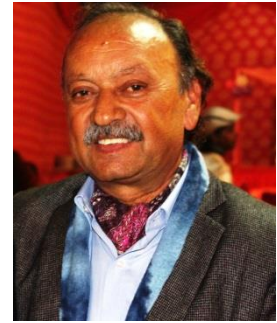
As per the Child Protection Policy, the consent of all girls have been taken to put this picture as the Cover Page in the Annual Report.



Image 1: Nazmeen, Matri Sudha along with ASHA Worker counseling the community women on post-natal care

Message from the Desk

Matri Sudha is inching toward making community free from malnutrition and the concept of Nutrition Champion which was piloted last year in Child Rights and You supported intervention areas, is showing positive results.



The focus throughout the year has been achieving the targets and to address critical problems of child health, nutrition, education, maternal health and nutrition through a combination of grassroots work, research and advocacy.

As, I reiterated in previous years as well is to make children a part of decision making process and as a result Matri Sudha has explored working with young people who completed age 18 years to further building their understanding on gender issues, health and nutrition outcomes, community interventions on education, malnutrition and sports.

Carrying forward the work from the last few years, the cent percent coverage in vaccination in first two years of life is one of the major outcomes of Matri Sudha's work. In coming years, Matri Sudha would like to scale up the interventions of health and nutrition in other parts of the country. This year Matri Sudha also withdrew its full time work in NT/DNT community.

There have been some remarkable achievements with respect to resuming the Free Sanitary Pads distribution programme in Delhi which would impact around 7 lac school girls in studying in Delhi Government Schools. The other major impact was related to provision of budget for extension of Mid-Day Meal to class 12th for girls studying in government schools and adding eggs and banana in the existing menu to curb classroom hunger and malnutrition. One of the last major impacts has been solving the problem of getting difficulty in admissions in Class Nursery and KG in Delhi Government School which impacted thousands of children across Delhi.

I would on behalf of Matri Sudha thank Prof. Sydney Rebeiro (Patron), Ms. Jabir Kaur, Shri Indraj Singh Verma and all other board members for the continued and constant support, team members, well-wishers, people who have supported Matri Sudha from different parts of the country and abroad, the funding partners, the volunteers and interns.

Surender Singh
(Chairperson)

Profile of Intervention Areas

S. No.	State	Name of Panchayat/Municipality	Name of Revenue village/ward	Name of hamlets/Slum	Total Number of Households
1	Delhi	South Delhi Municipal Corporation	MCD Ward No 188	Nardan Basti	553
2	Delhi	South Delhi Municipal Corporation	MCD Ward No. 198	V.P. Singh	500

Total Children Population Covered

Child population	0-1 years			1-5 years			6-18 years			Total 0-18 years		
	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total
Total	79	77	156	386	348	734	973	839	1812	1438	1264	2702

Amenities Available in the operational area

1	No of Primary Schools	3
2	No of Upper Primary / Junior High / Middle schools	2
3	No of High Schools	4
4	No of ICDS centers	6
5	No of Primary Health Centers	1
6	No of Sub Health Centers	0
7	No of Public Distribution Retail Shops	0
8	No of govt. run / aided institutions for children in need of care and protection and children in conflict with law	0

About Us

Matri Sudha is a non-government organization works with children since 2001 on thematic issues of health, nutrition, education and child participation.

Vision

To ensure that child rights are identified, respected, protected and taken care of by every individual.

Mission

To make a platform on which all children realize their full potential;

Upholding the dignity of children.

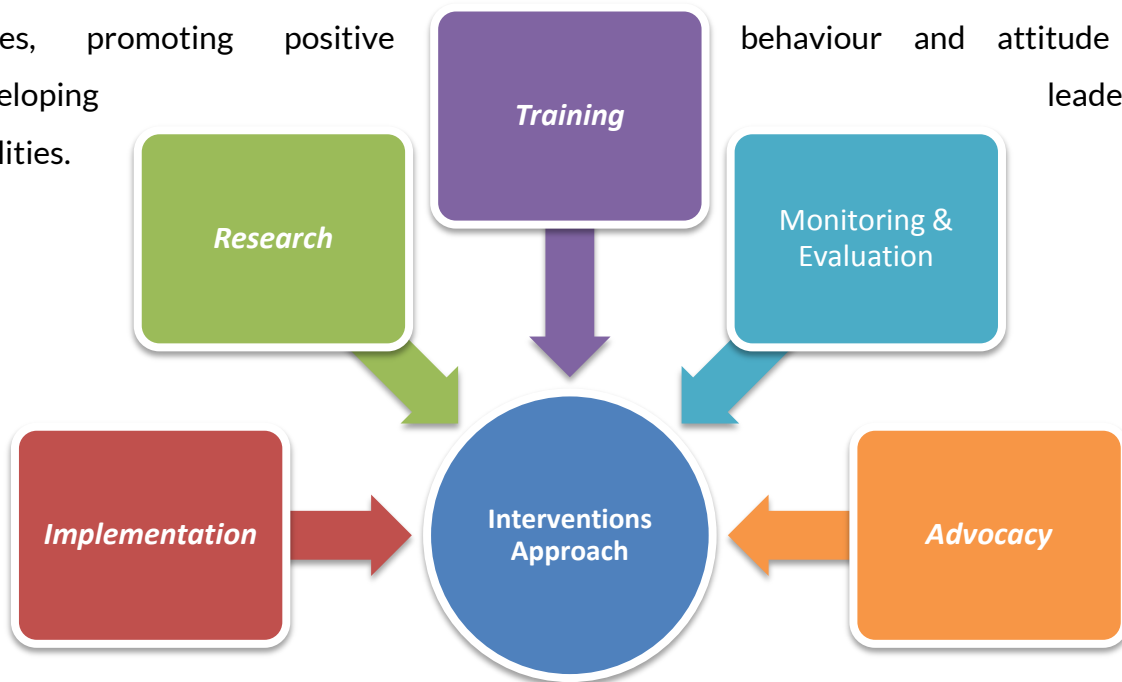
Core Values

Social and Economic Equity;

Transparency and Accountability

Interventions Approach

Implementation – *Firstly*, Matri Sudha implements programme to prevent and manage malnutrition, preventing neo-natal and infant mortalities, preventing maternal mortality, within community settings. The goal is to create ‘*Nutrition Champions*’ from among community stakeholders and institutions working to address maternal and child health and nutrition issues. *Secondly*, Matri Sudha works in areas of education through its cross cutting linkages of health and nutrition of children studying in government schools with adolescent health as the central theme. *Thirdly*, the organisation works directly with children to develop critical understanding about child rights issues, promoting positive behaviour and attitude and developing leadership qualities.



Research – Matri Sudha conducts social action research, mid-term evaluations, baselines, KAP study, impact assessment studies, review articles, fact findings etc.

Training – Matri Sudha builds the capacity of frontline workers like ASHAs and Anganwadi workers and community women on health, sanitation, hygiene, nutrition, and protection issues

Monitoring & Evaluation– Matri Sudha independently does the monitoring and evaluation of government programmes and policies and promotes the practices for a strong monitoring system from within the government

Advocacy – Matri Sudha does policy advocacy related to nutrition and food security act, health and issues which impact children in many ways

The Trend of Child Immunization in Lal Kuan Village ©

The awareness about child vaccination in intervention areas of Matri Sudha goes back to 2003 when it started awareness and services for polio vaccination. The polio vaccination centre would run for eight years in coordination with Majeedia Hospital, and the services were voluntary in nature.

The polio vaccination service helped us to make the community aware about different forms of vaccination. However, the challenge was the accessibility to get different doses of vaccination, since; many blocks of Lal Kuan were not covered for health care services. In some blocks some NGOs used to run the charitable dispensaries but that was more limited to general medicine.

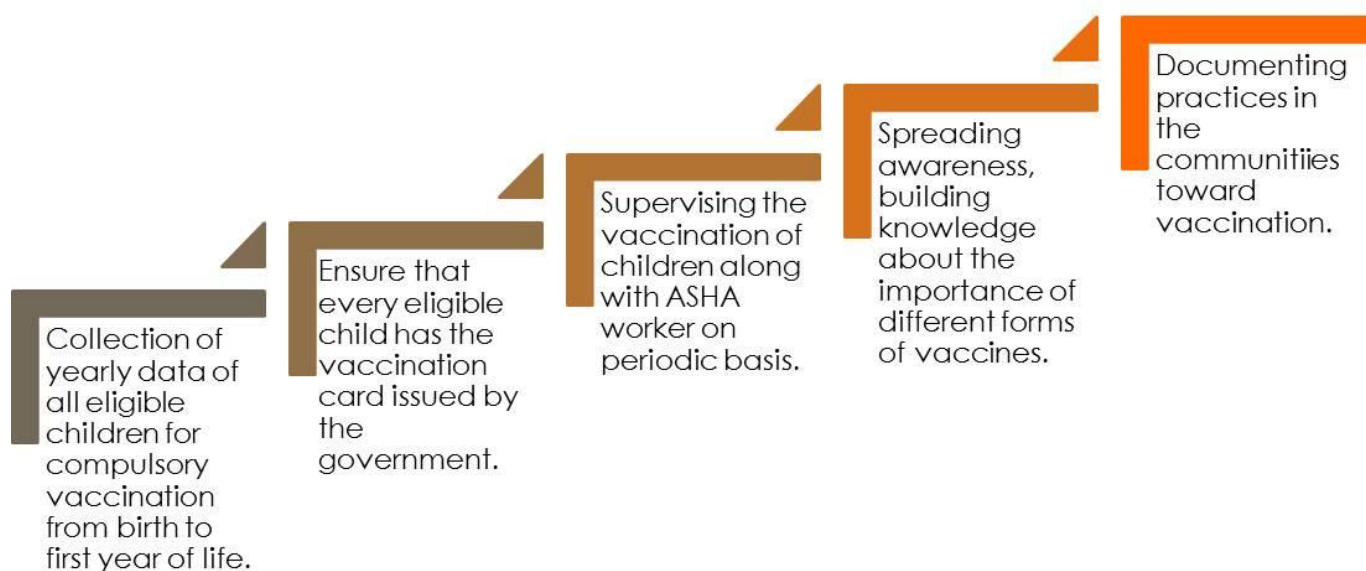


Image 2: Process to achieve 100 Percent Immunization Coverage

From 35 eligible children for vaccination in first year from birth to 221 children in 2017 shows the trend of community awareness towards it. 2015 was the year when percentage of children completing their vaccination process increased from the preceding years. The key reasons were the active role of ASHA workers and ANM in the area and household level tracking of every child.

Year	Eligible Children	Linked	Completed	Carry Forward for next year	Percentage of completed vaccination
2012	35	35	35	0	100
2013	31	31	31	0	100
2014	117	117	11	106	10
2015	106	106	90	16	84.9
2016	155	155	139	16	90
2017	221	221	204	17	92

Table 1 Trend of Child Vaccination in Matri Sudha Intervention Area

*Carry forward means children whose immunization is still in progress.

All 11 blocks of Lal Kuan and NT/DNT, and V.P Singh camp are covered for health care services through the primary health centre. Matri Sudha now works toward accessibility of primary health centre to community, work with ASHA workers and ANM toward improving maternal and child health, safe delivery and awareness.

Community meetings on thematic issues round the year

Theme	Total Meetings	Number of Participants
Immunization of children	10	87
Sanitation & Hygiene	8	102
Pro-Health Behaviors & Growth Monitoring	5	88
Importance of Education and New, Re-Enrollment	2	30
Child Health & Nutrition with SAM (Severely Aced Malnutrition)	4	42
Importance of Exclusive Breastfeeding	5	44
Child Protection	1	15
Maternal and Child Health & Nutrition	3	28
Community Meeting with AWW and ICDS staff	1	150
Total	39	586

Improving health and nutrition outcomes

Theme	Activities	Key Achievements
<ul style="list-style-type: none"> • Ante-natal Visits • Post-natal Visits • Tetanus Toxoid Vaccination • Child Vaccination 	<ul style="list-style-type: none"> • Conducting community meetings • Field visits • Home based visits • Coordination meeting with ASHA and Anganwadi Workers 	<ul style="list-style-type: none"> • Ante-natal Visits of 120 pregnant women conducted in an year by ASHA workers. • Post – Natal Visits of 133 conducted in a year. • 70 safe deliveries conducted in the year. • Home based visits 240 conducted in an year. • 40 number of Coordination meeting with ASHA and Anganwadi Workers conducted in the year.
Identification of Sick Newborn	<ul style="list-style-type: none"> • Providing extra care to sick newborn 	<ul style="list-style-type: none"> • 70 Out of 120 deliveries conducted at hospitals no newborn child was found sick during first home visit.
Infant Young Child Feeding	<ul style="list-style-type: none"> • Conducting meetings with pregnant women on early initiation of breastfeeding • Conducting meetings with lactating mothers on exclusive and continued breastfeeding • Undertaking counseling sessions on complimentary feeding 	<ul style="list-style-type: none"> • In the year 5 number of meeting on early initiation of breastfeeding were taken. • 253 women were counseled about breastfeeding. • 253 posters on breastfeeding were placed at beneficiaries home.
Identification of Undernourished Children	<ul style="list-style-type: none"> • Activating the process of identification of undernourished children (<i>growth monitoring</i>) • Organizing monthly and quarterly <i>growth monitoring days</i> 	<ul style="list-style-type: none"> • Growth monitoring is activated through joint initiatives of Matri Sudha and Anganwadi workers • Total number of 149 undernourished children (severely underweight – 41), (moderately underweight-108 identified and worked in the year
Intervention with Undernourished children	<ul style="list-style-type: none"> • Linking undernourished children to primary health centre through ASHA Health Worker • Follow-up visits with ASHA and Anganwadi Workers 	<ul style="list-style-type: none"> • Follow-up visits to all moderately underweight children once in a month • Follow-up visits to all severely underweight children once in fifteen days • Total number of children improved their health and nutritional status in the year are-28 (Male-14, Female-14)
Convergence and Coordination	<ul style="list-style-type: none"> • Joint programme with ICDS on improving the implementation, identification of underweight children. 	<ul style="list-style-type: none"> • Awareness on work done by ICDS in Lal Kuan village.

Join Programme with Anganwadi Workers & Community in Lal Kuan Village

(Chungi No 2)



Image 3: Arvind Singh, Matri Sudha with ICDS Staff

Matri Sudha had been requested by Child Development Project Officer, Hamdard Nagar ICDS Project, to collectively organize the programme for children below six years. It was decided in the meeting with the project officer to call people from all the anganwadi centers in Lal Kuan Village so that people may



Image 4: Arvind Singh inaugurating the programme by lighting the candle

understand the working of such centres. The programme was also designed to address the issue of malnutrition through demonstration of nutritious food items which could be cooked at the household level. 22nd December was finalized to organize the programme for which mobilization was started by anganwadi workers and Matri Sudha team.

It was a cool sunny day when around 115 people on 22nd December, 2017, participated in the event which was jointly inaugurated by Ms. Krishna Ji (CDPO, Hamdard Nagar Project) and Mr. Arvind Singh (Matri Sudha) at an open park near Chungi No.2, Lal Kuan Village.



Image 5: Awareness about ICDS Programme

The event started with introduction of ICDS programme, its objectives and the beneficiaries. The introductory message was followed by a group song by anganwadi workers and Supervisors to aware the people about the importance of ICDS services. Different songs and poems were recited by children coming from different anganwadi centres of Lal Kuan Village.



Image 6: Discussion with AWWs

Mr. Arvind Singh spoke about the work which Matri Sudha does for children and the core issues of malnutrition, adolescents health etc. He insisted on growth monitoring in the anganwadi



centres for mapping of malnourished children and appreciated the project staff for organizing the programme.

Food demonstration stalls, activity charts, models were placed in the ground for people to visit the stalls one-by-one and to give their feedbacks. Various nutritious low-cost food items were cooked to aware people on the issue of good nutrition.

“The participants requested to organize such programmes once in a year so that people may get connected and know about issues related to children”.

Way forward

The meeting was concluded with two key way forwards 1) organizing such programmes for the community and 2) capacity building of Anganwadi workers on child health and care.

Demand of AWCs in V.P. Singh Camp

Tughlakabad

After constant follow-up and visits to MLA Tughlakabad for pushing the demand of Anganwadi Centres in V P Singh Camp, a letter was issued by MLA himself directing the Deputy Director, ICDS, to open anganwadi centres in V P Singh Camp. It is to be noted that Matri Sudha raised the demand of opening of new anganwadi centres in V P Singh camp early this year; however, constant challenges and struggles delayed the whole process.

Angawadi Level Support & Monitoring Committee

Matri Sudha has been persistently highlighted and writing to the Department of Women and Child Development in respect to the formation of Monitoring Committees or structures under ICDS Restructured Framework.

On 17th March, 2015, Matri Sudha wrote to both Director and Principal Secretary, Department of Women and Child Development for constitution of such committees for participation of multiple stakeholders in ICDS implementation.

It is to be noted that under Integrated Child Development Scheme Ministry of Women and Child Development in 2011 created a 'five-tier monitoring and supporting framework' for effective implementation of ICDS services for children below six years, pregnant women and lactating mothers.

Department of Women and Child Development, Delhi Government has started the process of constituting the 'Anganwadi Level Monitoring and Review Committee' in each functional Anganwadi Centres in Delhi.

Anganwadis: A Report Card

The Indian Express visited 14 anganwadis, and found similar problems almost everywhere.



Children at an anganwadi centre in Nardan Basti, near Lal Kuan, in south Delhi. Express Photo by Oinam Anand

Image 7: Assessment of ICDS Centres



Image 8: Community Meeting on Menstrual Hygiene

Resource Centre – *Creating a Better World for Adolescents*

The national government has recognized the profound discrimination girl's face and appreciated them as valuable resource for the countries' development. However, girls continue to lack the same opportunities as boys, especially in education, economic and social empowerment. Gender discrimination, inequality and subjecting to multiple forms of violence require considerable actions to transform the lives of girl child.

During adolescence, between 10 and 19 years old, girls stand at the precipice between childhood and their adult lives. It is from that edge that they fly or fall. One subgroup of adolescents that has received minimal attention is "very young adolescents" (VYAs), those who are 10 to 14 years old.

Having being worked in urban communities for more than one and half decade, it is easier to understand the existing problems with girls in the communities. Some of them are-

1. Violence

This has been one of the key concerns in urban communities which suggest that many girls live in constant fear for safety and well-being.

2. Health

Slum-dwelling where son preference is strong, girls face discrimination in terms of health care, nutrition, sexual health, personal hygiene.

3. Education

Unless girls and their families do not receive push from the early stages of school education there are chances that the girl may drop-out from school.

The major experiences from the grassroots has noticed that gender discrimination, violence, health consequences, under-nutrition, dropping out of school has been seen as the major problems in this age group which reduces the power to negotiate as an active citizen.

The idea to create a platform for children to express their views, ideas, thoughts, understanding on wider socio-economic situation in their community, state and the country translated into 'children resource centre'.

Through the Adolescents Resource Centre the following objectives are being achieved:-

1. Gaining life skills and completing school education
2. Improving learning outcomes, health and nutritional behavior
3. Increasing social participation and mentoring support to complete school education
4. Creating an enabling environment to uphold girls rights and entitlements

Adolescent Resource Centre



On next page, read the one of the most successful stories of Matri Sudha's intervention which had its roots in the resource centre.

The story of 7 Lac School Girls in the National Capital on Menstrual Hygiene

(Read the Story)

"Sir, the sanitary pads in our schools are not coming for many months. We thought to tell you but could not. In one of the sessions on Menstrual Hygiene, Nazmeen Didi informed us about the biological changes occur in girls during growing age and also taught about the health rights of women. This encouraged us to speak about the problem we were facing during menstrual periods in schools. Many a time we do not go to school, lost school hours, using alternate cloths due to financial constraints were the lines which encouraged us to take quick action on the issue (Life Skills Session Beneficiary)"

The major experiences from the grassroots has noticed that gender discrimination, violence, health consequences, under-nutrition, dropping out of school has been seen as the major problems in adolescents age group which later reduces the power to negotiate as an active citizen. The resource centre for adolescents has the key objectives:

- Developing Critical Thinking through Life Skills Training & Leadership Development
- Community Engagement & Building Partnerships
- Capacity Building of Key Stakeholders

Matri Sudha runs life-skills programme for adolescent girls and boys (early and late adolescents) in which menstrual hygiene is one of the important components. The awareness on menstrual hygiene also covers sensitization of boys (MEngage) which has resulted in better understanding among boys on the biological changes occur in girls. These girls and boys are largely come from different slums in Delhi. The constant work on menstrual hygiene, women health rights, accessibility to government programmes, a group of school students approached Matri Sudha in one of the life skills sessions, discussing about the problems they face in home and school due to non-availability of sanitary pads and various myths around the issue.

Delhi was the first state in 2011 to start a programme (Kishori Yojana) to distribute free sanitary napkins for government school students studying in class 6th to 12th to promote better menstrual hygiene management. The scheme was covering around 7 lac girls

studying in government schools. The scheme was discontinued in 2016 due to problems with the vendors and the government did not able to manage supply-chain process. We did not have any idea how to get the scheme resumed which was the main challenge.

The constant work on menstrual hygiene, women health rights, accessibility to government programmes, a group of school students approached Matri Sudha in one of the life skills sessions. The girls brought to the notice that they were getting sanitary pads in schools which is stopped from many months. They reported this to Ms. Nazmeen Bano who reported to her team member Mr. Arvind Singh.

As a result four member's team (Arvind, Nazmeen, Pinki and Laxmi) was formed to do the fact finding of the situation in the government school. They went to more than ten schools in Sangam Vihar, Tughlakabad Railway Colony, Badarpur, Meethapur Extension, Tughlakabad Extension and Khanpur. The field visits found that none of the school girls were getting sanitary pads for many months. In many schools the team received good response from the Principal and Teachers to do something on the issue as many school girls reported absent during menstrual periods. The team also tried to reach to some of the government officials to know the status of implementation of the scheme, but when no response was received, subsequent actions were planned.

Eventually, it was decided to involve a print media to raise the voice of girls so that it may reach to the appropriate authority. The first story was published in the major national daily (Dainik Jagran, Hindi) who reached out to the masses across the capital. As a result, many political leaders also raised

सरकारी स्कूलों में सैनेटरी नैपकिन वितरण योजना शुरू, 2016 से थी ठप

Image 10: Dainik Jaagran

Delhi: Girl students in govt schools to get free sanitary pads

THE ASIAN AGE | SHAGUN KAPIL

Published: Feb 4, 2018, 4:34 am IST

Updated: Feb 4, 2018, 4:34 am IST

Some girls who were earlier dependent on the programme for the napkins, were forced to use a piece of cloth for some days as their parents were poor.



Image 9: The Asian Age

question in the Delhi Legislative Assembly. Subsequently, another story was done by The Asian Age, Indian Express, Hindustan Times, She Pad (online) which was given consideration due to the geniuses in the cause.



Image 11: Matri Sudha Team Members & ASHA Worker Counseling the Community Women: Courtesy, Civil Society Magazine

Collective Action towards School Education

The concept is based on to get a child in school and remains in school till he or she completes her complete school education.

The following process is adopted towards this intervention-

- Collecting data of each child in the school going age group
- Segregation of data as to- school going, drop-out from school and never been to school
- Create case stories of children who are not in school
- Start intervention at families level to make ensure that child should be enrolled in school
- Work at school level ensure the retention of school
- Track the status of child in every month
- Research, advocacy at local, district and state level on school enrollment problems.

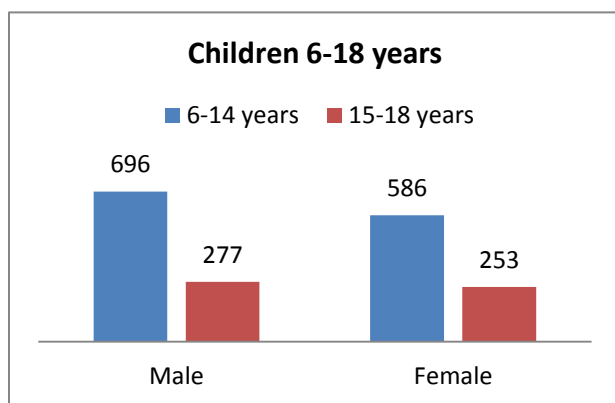


Figure 2: Total Number of Children (6-18 years)

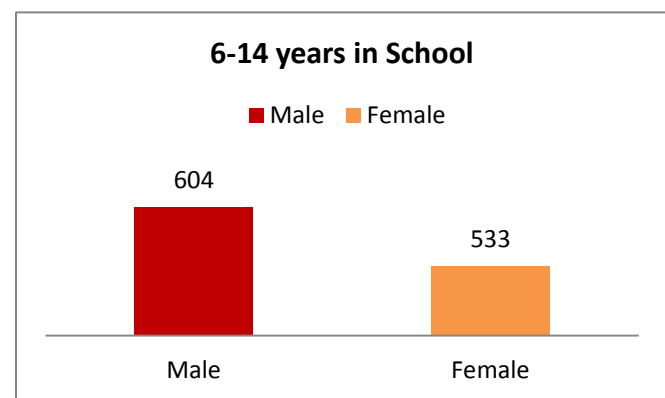


Figure 1: 6-14 years in School

On next page, read the one of the most successful stories of Matri Sudha's intervention which had its roots in the resource centre.

The Hassle of Online Admission Restored to Benefit Thousands of Children in Delhi

Delhi Government initiated process for admissions in nursery classes in Sarvodaya Vidyalaya`s of Delhi Government from academic session 2017-18. Earlier the process of admissions in Delhi Government schools for class Nursery, KG and 1st class through offline mode. The parents had to go at schools to fill up the application forms for the admissions and the children used to get admission through lucky draw in schools.

To end the old system, the Government started online process for the admissions. But unfortunately the process went wrong when the children did not get admissions in desired schools. **Female children got enrolled in Boys school and the schools which allotted to the children were much far away from their residence.**

Baby Hussain, a resident of Nardan Basti, also had the same problem. She came to Matri Sudha and informed about her issue. That time we thought that the problem is only with her and we went to the school where her child had got admission. After meeting the principal we got to know that Baby`s child is no alone who has got the admission in wrong school, there were plenty of children who have got admissions in other schools which are not only boys schools but far away from the home also. The whole process of the movement is mentioned below:

- After receiving the complaint through Baby Hussain we met to the DOE and Education Minister of Delhi.
- A story was published in both Hindustan Times and Hindustan over the anomalies in online school admission process.
- Visits were made to all schools in intervention areas and to schools from where complaints came out to understand the situation.
- First visit with parents were made to Delhi Education Minister in which a letter was issued to Director, Education
- Suggestion were provided to remove anomalies in online admission process
- A fortnight visit was again made to Delhi Education minister to understand the status of complaint made but no appropriate answer was given to us.

- Two more complaints from Meethapur Extn were received in which a nursery student was given admission 27 kilometers from her home.
- Another visit was made to Education Minister of Delhi with parents and we were asked to meet the Director, Education.
- A meeting with Additional Director of Education Ms. Sunita Kaushik was done who informed that district wise data would be prepared and anomalies would be corrected to get children in appropriate school
- Another fortnight visit was made to Education Minister and met him personally to apprise him of the problems at the grass root level with parents. An application was given and asked to do the follow-up in a week's time.
- Matri Sudha received call from Directorate of Education, Headquarters and met Deputy Director. Appropriate documents were submitted to her and asked us to wait till June end to know the status.
- Delhi Government issued a circular to Transfer all children who have been given admission in wrong shifts, which affected thousands of children. Additionally, Delhi government ensured the admission of school on case to case base. The circular was issued in June 2017.
- Another visits were made to Old Secretariat, (Directorate of Education) and Defense Colony (Department of Education) on 21st and 25th July to know the status of admissions, they provided a number to talk with Mr. Anish Ahmad regarding the issue and status of the admission
- After two days we contacted to Mr. Anish related to the issue. He informed that the children have been transferred to the desired schools. We informed to the parents to visit to the concerned schools for admission of their children. In which only two children has got admissions in Rani Jhansi Sarvodaya Kanya Vidyalaya and Sarvodaya Kanya Vidyalaya, Molarband similarly.
- For academic session 2018-19, Delhi Government restored the erstwhile “offline admission process”, which has helped parents to visit only those school where they want to take admission to file the application.



Image 12: Representation to Shri Manish Sisodia, Education Minister, Delhi Government



Image 13: Matri Sudha distributed Stationery Items to 3600 MCD School Students



Image 14: Socio-Psychological Training for Adolescents



Image 15: Children Participating in Marathon organized by Border Security Force



Image 16: Community Programme on Massage Therapy for Young Children with support from Child Rights and You and Global Outreach

Balance Sheet – F.Y. 2017-18

MATRI SUDHA -A- CHARITABLE TRUST
Q - 35, SRI NIWAS PURI, NEW DELHI
Consolidated FCRA & NON - FCRA BALANCE SHEET AS AT 31st MARCH 2018

				(In Rs.)	
<u>Liabilities</u>	Amount	Amount	<u>Assets</u>	Amount	Amount
CAPITAL FUND - NON FCRA			FIXED ASSETS - NON FCRA		
Opening Balance	243994		(As per Annexure 1)	38655	38655
Add: Donation	3		CURRENT ASSETS - NON FCRA		
Add: Income Over Expenditure	263764		Imprest to staff	3401	
Corpus Fund	14600		Security	25000	28401
Membership Fees	400	522761	Cash in Hand	1139	
CURRENT LIABILITIES - NON FCRA			Cash at Bank	463226	464365
Provisions	8660	8660	FCRA ASSETS		
FCRA LIABILITIES			CURRENT ASSETS - FCRA		
Capital Account - FCRA			0		
Opening Balance	89	89	Cash at Bank		2575
Excess of expenditure over income	-9951	-9951			
CURRENT LIABILITIES - FCRA					
Provisions	11437	12437			
Surender Singh	1000	12437			
Total		533996	Total		533996

Significant Accounting Policies & Notes of Accounts : As per Schedule-I

Audit Report

As per our separate Report u/s 10B of even date attached
 For Singh & Nagayach
 Chartered Accountants
 FRN- 014131C

(CA. Ashish Kumar Nagayach)
 Partner
 M.No-405961

Date 25/09/2018
 New Delhi



For: MATRI SUDHA -A- CHARITABLE TRUST

(SURENDER SINGH)
 President

(INDRAJ SINGH VERMA)
 Gen.Secretary

(Marry Mitzy)
 Treasurer

Matri Sudha-A Charitable Trust

Matri Sudha-A Charitable Trust

Matri Sudha-A Charitable Trust

President

Gen. Secretary

Treasurer

MATRI SUDHA -A- CHARITABLE TRUST
O - 35, SRI NIWAS PURI, NEW DELHI
Income & Expenditure Account for the year ended on 31.03.2018

(In Rs.)

Expenditure	Amount	Amount	Income	Amount	Amount
Non - FCRA			Non - FCRA		
CRY Fund Expenses			Child Rights & You (CRY Fund)		
Programme Expenditure			Receipts From CRY Fund	1046930	
Theme -Health	419297		One Time Grant CRY Fund	196600	1243530
Theme -Nutrition	110936	530233	APR - Fund Received	1169137	
			Mobile Creches	3100	
One Time Grant Expenses			Interest Received	13282	
Theme - Child Resource Center	24700	24700	Donation Received	1000	
Administrative Expenditure			Miscellaneous Income	234	1186753
Salary & Allowances	322923		FCRA GRANTS		
Rent & Electricity	25488		Receipts from Action Aid Association	233037	
Printing & Stationary	14384		Interest Received	893	233930
Internet Expenses	12059				
Drinking Water charges	5100				
Office Maintainace	24189				
Staff Welfare	4328				
Audit Fees	5000				
Postage & Stamps	1178				
Newspaper & periodicals	3900	418549			
		973482			
APR Expenses					
Program Expenditure					
Consultation	18757				
Program Personnel Salary & allowances	627073				
Meetings	12616				
Publications	9120				
Other program expenditure	14859	682425			
Administrative Expenditure					
Salary & Allowances	202893				
Office rent & water charges	204389				
Domestic Water Supply Charges	3000				
Office electricity charges	12560				
Office Hospitality	6175				
Utilization Certificate/ audit expense	5000				
Internet & Teleconferencing Charges	12721				
Office + Office Equipment Maintenance	5499				
Photocopy, Newspapers	6696				
Staff Welfare	8547				
Brokerage Charges	15500				
Landlord Security expenses	8500	491480			
		1173905			
FCRA EXPENSES					
Action Aid Association					
Salary/Honorarium	78000				
Programme	136882				
Ovearhead	28999	243881			
Other Expenses					
Audit Fees	5000				
Bank Charges	1385				
Depreciation	6863				
Misellaneous Expenses	234				
Mobile Creache Expenses	3100				
Printing on IEC Materials	1600				
Printing & Stationary	950	19132			
Income Over Expenditure (Non FCRA)		263764			
Income Over Expenditure (FCRA)		-9951			
Total		2664213	Total		2664213

Significant Accounting Policies & Notes of Accounts : As per Schedule-I

Audit Report
 As per our separate Report u/s 10B of even date attached
 For Singh & Nagayach
 Chartered Accountants
 FSN-014131C

For: MATRI SUDHA -A- CHARITABLE TRUST



(CA Ashish Kumar Nagayach)
 Partner
 M.No-405961

(SURENDER SINGH)
 President

(INDRAJ SINGH VERMA)
 Gen.Secretary

(Marry miltzy)
 Treasurer

Matri Sudha-A Charitable Trust

[Matri Sudha-A Charitable Trust]
President

[Matri Sudha-A Charitable Trust]
Trust

Gen. Secretary

Treasurer

Date 25/09/2018
 New Delhi

MATRI SUDHA -A- CHARITABLE TRUST
O - 35, SRI NIWAS PURI, NEW DELHI
Receipt And Payments Account for the Year ended 31.03.2018

		(In Rs.)			
<u>Receipts</u>	Amount	Amount	<u>Payments</u>	Amount	Amount
Opening Balance			Loan repaid:		
Cash in Hand	6		Jasbir Kaur	50000	50000
Cash at Bank	249966	249972	Liabilities paid:		
Fund Received :			Duty & Taxes	47503	
Corpus Fund	14600		Provisions	258468	
Membership Fees	400	15000	Sundry Creditors	198682	504653
Security released:			Loan & Advance paid:		
Security Received	17000	17000	Imprest to Staff	55000	
Fund Received:			Security Amount Payment	15000	70000
Child Rights & You Grant - Received	1243530				
Donation Received	1000		Expenses:		
Interest Received	13282		Bank Charges	1385	
Miscellaneous Income	234		Miscellaneous Expenses	234	
Mobile Creche Income	3100		Mobile Creche Expenses	3100	
APR Fund Received	1169137	2430283	Printing & Stationary	950	
			TD5 Return File Expenses	89	
			Apr Expenses	737655	
			Child Rights & You Expenses	879824	1623237
			Closing Balance		
			Cash at Bank	463226	
			Cash in Hand	1139	464365
FCRA RECEIPTS			FCRA PAYMENTS		
Opening Balance			Action Aid Association		
Cash at Bank	1089	1089	Liabilities Paid:		
Action Aid Grant Received	233037		Against Provisions made	131930	
Interest Received	893	233930	Sundry Creditors	500	132430
			Advance:		
			Imprest to Staff	10704	10704
			Expenses:		
			Action Aid - Expenses	89310	89310
			Closing Balance		
			Cash at Bank	2575	2575
Total		2947274	Total		2947274

Significant Accounting Policies & Notes of Accounts : As per Schedule-I

Audit Report

As per our separate Report u/s 10B of even date attached

For Singh & Nagayach

Chartered Accountants

FRN- 014131C

For: MATRI SUDHA -A- CHARITABLE TRUST

(CA Ashish Kumar Nagayach)

Partner

M No-405961

Date 25/09/2018

(SURENDER SINGH)

President

(INDRAJ SINGH VERMA)

Gen. Secretary

(Marry Mitzy)

Treasurer

Matri Sudha-A Charitable Trust

Matri Sudha-A Charitable Trust

Matri Sudha – A Charitable Trust

O 35, SRINIWAS PURI, NEW DELHI 110065

9910144337, 9990783443



Programme Implementation

CORE COMPETENCIES



Capacity Building



Advocacy



MALNUTRITION

THEMATIC AREAS



ADOLESCENT HEALTH & NUTRITION



CHILD PARTICIPATION



<http://bit.ly/2LyjxYi>



<http://bit.ly/2NAEb7y>



<http://bit.ly/2LHMHAQ>



<http://bit.ly/2Lliy4D>